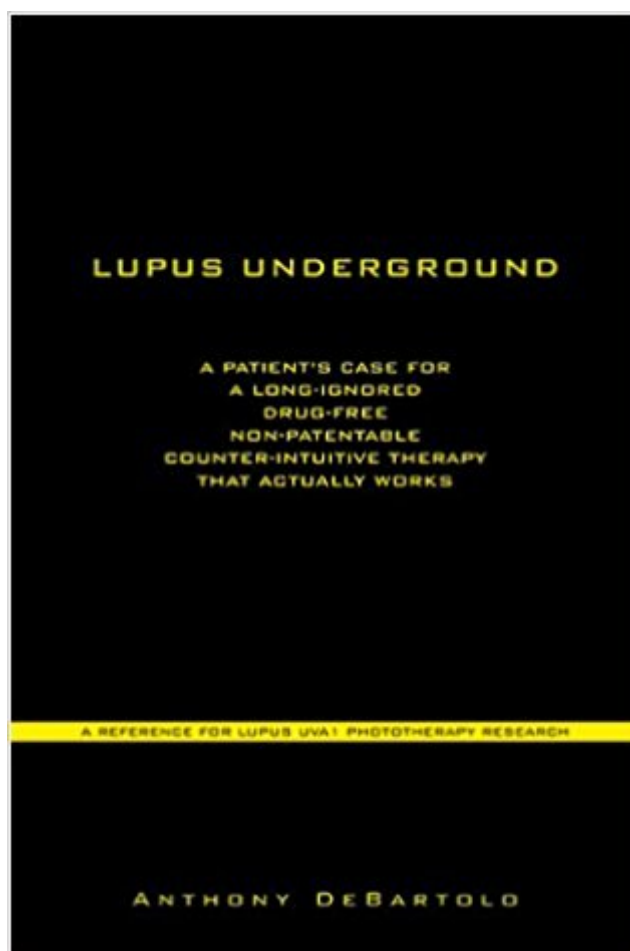


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# Lupus Underground: A Patient's Case For A Long-Ignored, Drug-Free, Non-Patentable, Counter-Intuitive Therapy That Actually Works - UVA1 Phototherapy



## Synopsis

A Chicago reporter stricken with lupus gives himself the assignment of finding a way back on his feet. After spending nearly two and a half years researching and exactly \$4,934.48 on tanning equipment (that's right, sun tanning equipment), he files this report on a long-ignored, drug-free, non-patentable, counter-intuitive therapy that worked. Anthony DeBartolo is a Chicago-based journalist who has frequently contributed to the Chicago Tribune. His feature articles have also appeared in daily newspapers across the U.S. and in Canada, including the Baltimore Sun, Chicago Sun-Times, Orlando Sun-Sentinel, Sacramento Bee, St. Louis Post-Dispatch and Toronto Star.

## Book Information

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## Customer Reviews

If the demonstrated potential of UVA1 light to improve the lives of lupus sufferers were more publicly known, if research concerning both benefits and risks were accurately presented, if critics were fair, if our pharmaceutical industry didn't hold excessive power over medical research and practice, if patients were more motivated to take responsibility for their own well-being, *Lupus Underground* would not have needed to be written. If UVA1 light didn't alleviate fatigue, it wouldn't have been."

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practice, if patients were more motivated to take responsibility for their own well-being, *Lupus Underground* would not have needed to be written. If UVA1 light didn't alleviate fatigue, it wouldn't have been.

I read this book years ago, called the author and even got ahold of McGrath and a few of his patients to ask more questions. I bought a used tanner, ordered the bulbs and started using it. It works and I have the blood work to prove it. My tanning bed finally quite on me and I bought another used one for \$150 and moved the bulbs over. There's now more research on this out there but I can tell you this: it works. I use just the bulbs without the filters. That's worked fine for me though the Anthony was skeptical (and didn't want to advise me to do something that might make matters worse). I wasn't able to acquire the filter and figured it only gets rid of another small amount of wavelength that might make matters worse. Like I said, that worked for me. My mother also has SLE, it works for her too. Please note, not many Drs are interested in anything not standard of care. Malpractice is the result. There are many things out there that can help (and potentially back fire), so you need to really do your research and figure out how to take small steps in applying whatever you're thinking to try, and evaluate closely the results. Science works as long as you follow the rules. This book and the other published materials out there is a place to start.

I'm interested in phototherapy and hope to build the UVA1 device that DeBartolo describes for my sister. Am wondering if any other readers of the book have tried it yet? The book is fascinating reading, well-documented and inspiring. There are many studies out there on phototherapy for other purposes (for example, *Am J Sports Med* 2008;36:881-887; *Arterioscler Thromb Vasc Biol.* 2008;28:739-745; *BMC Musculoskelet Disord.* 2008;9:75; *Circ J.* 2004;1146-1151; *Electromyogr Clin Neurophysiol.* 2008;48:229-231) but I don't read too much about it in the popular press. But if it can fire up the mitochondria and reduce inflammation, what a breakthrough. I appreciated his instructions for building a UVA1 device.

I have reviewed this book twice. I review books for a National Foundation. It offers more information for the treatment of Lupus (withholding drug treatment) than any other book I have reviewed. The information provided in this book allows a person with lupus to "look outside the box" of conventional drug treatment for lupus. Understand that in doing this the person may meet with some resistance from physicians. Who rightfully are doing what they know, what they have been taught. This treatment has not received the attention it deserves. Nor has the physician who heads this

research, Dr. Hugh McGrath. The author is amazingly informed of the technology involved. He tells of his own battle and appears driven to regain his health. In searching what may help him, he finds this amazing treatment for the immune system, an approved NIH study, not a fly-by-night theory. I am grateful that the author, Anthony DeBartolo, was inspired to share with us this fascinating technology. Since the treatment doesn't involve drugs, the pharmaceutical companies are not interested. So people, rise up and claim your health, read this book. It may save your life.

Well-written, well-researched, well-reasoned and at times, more than a little funny. I think this book is a must for all lupus sufferers frustrated with currently approved FDA treatments. We're lucky that Mr. DeBartolo, a great investigative journalist, got sick. The 3 years of research he did to find a treatment that worked for him - UVA1 photo therapy - benefits us all. What I do not fully understand is why the work of Dr. McGrath at LSU has been so "long-ignored." Is it really because the big drug companies can't make a dime off his work? Makes me want to move to Canada! Especially useful (and informative) is the book's extensive reference of UVA1 lupus therapy research. Thank you, Mr. DeBartolo. You've given me some hope!

I've had lupus for 10 years and have read everything I could get my hands on. This is positively the most helpful book I've read. What is so surprising is that the UVA1 light treatment has also been around for 10 years. Like I just read in another review, I guess I'm lucky that a investigative journalist got sick. This is one lupus book I'm sure the money-grubbing drug company cartel didn't want written. Thank you!

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